

1 The picture shows a weight lifter.



(a) In one lift, he does 5040 J of work against gravity.

(i) One lift takes 4 seconds.

Complete the sentence by putting a cross (☒) in a box next to your answer.

The power used to lift the weight is

(1)

- A** 1260 W
- B** 2016 W
- C** 12600 W
- D** 20160 W

(ii) The weight he lifts has a mass of 240 kg.

Gravitational Field Strength = 10 N/Kg

The energy gained by the mass is equal to the work done when lifting it.

Calculate the height he lifts this mass.

(3)

height = ..... m

- (b) After lifting the mass, he must hold it steady for 3 seconds.  
During this time, he does no work on the mass.

State why he does no work on the mass in this time.

(1)

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- (c) After the 3 seconds, the weight lifter drops the mass.  
The velocity of the mass just before it hits the floor is 6.4 m/s.

Calculate the momentum of the mass just before it hits the floor.  
State the unit.

(3)

momentum = ..... unit = .....

**(Total for Question 1 = 8 marks)**

## Going downhill

2 Andrew skis down a hill.



(a) Andrew starts from the top of the hill and his speed increases as he goes downhill.

He controls his speed and direction by using his skis.

He brings himself to a stop at the bottom of the hill.

Describe the energy changes that happen between starting and stopping.

(3)

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(b) Andrew returns

(i) His mass is 67 kg.

Show that his momentum is about 2000 kg m/s when his velocity is 31 m/s.

(2)

(ii) He falls over when his momentum is 2000 kg m/s.

After he falls over, he slows down by sliding across the snow.

It takes 2.3 s for his momentum to reduce to zero.

Calculate the average force on Andrew as he slows down.

(2)

force = ..... N

(iii) Andrew is not injured by the fall even though he was moving quickly.

Use ideas about force and momentum to explain why he is not injured.

(2)

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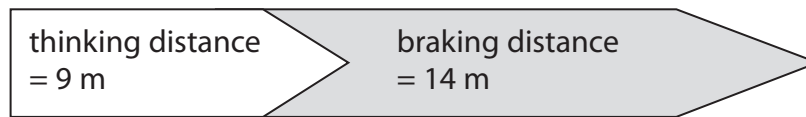
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**(Total for Question 2 = 9 marks)**

### Speed and safety

3 The Highway Code gives this information about the stopping distance of a car.

speed = 30 miles per hour



(a) (i) What is the stopping distance?

Put a cross (☒) in the box next to your answer.

(1)

- A 5 m
- B 9 m
- C 14 m
- D 23 m

(ii) Complete the sentence by putting a cross (☒) in the box next to your answer.

The driver's **thinking** distance is most likely to increase when

(1)

- A the driver is tired
- B there is ice on the road
- C the car is heavier
- D the car moves at a slower speed

(b) A car has a mass of 800 kg.  
It has a velocity of 3.0 m/s.

Calculate the momentum of the car.

(2)

momentum of car = ..... kg m/s

- (c) (i) The braking force on another car is 600 N.  
The force acts for a distance of 15 m.

Calculate the work done by the braking force.

(2)

work done by braking force = ..... J

- (ii) Complete the sentence by putting a cross (☒) in the box next to your answer.

The work done by the brakes during braking is equal to

(1)

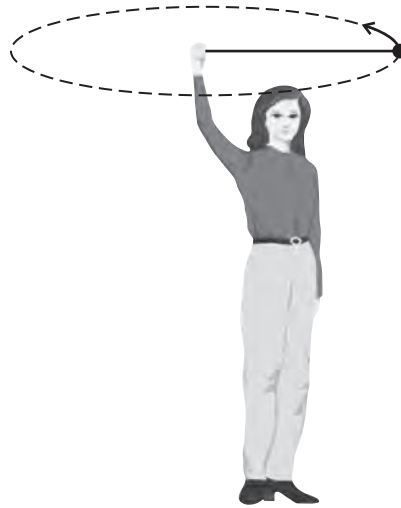
- A** the energy transferred
- B** the stopping distance
- C** the acceleration
- D** the thinking distance plus braking distance

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**(Total for Question 1 = 7 marks)**

### Circular motion

- 4 (a) The diagram shows a girl swinging a rubber ball in a horizontal circle above her head.



- (i) In which direction does the resultant force act on the ball?

Put a cross (☒) in the box next to your answer.

(1)

- A** away from the centre of the circle
- B** in the direction of the arrow on the diagram
- C** in the opposite direction to the arrow on the diagram
- D** towards the centre of the circle

- (ii) State the name of the resultant force acting on the ball.

(1)

- (iii) Suggest what would happen to the ball as the girl gets tired.

(2)

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(iv) The girl lets go of the string and the ball hits a wall.

The collision is not elastic.

Explain what happens to both momentum and kinetic energy when the ball hits the wall.

(2)

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\* (b) Describe a cyclotron and how charged particles move inside it.

You may draw a labelled diagram to help with your answer.

(6)

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## Cyclotrons and Collisions

5 (a) A cyclotron accelerates charged particles.

(i) Describe the shape of the path a charged particle takes in the cyclotron.

(1)

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(ii) Explain how radioactive isotopes can be produced using cyclotrons.

(3)

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(b) (i) Complete the sentence by putting a cross (☒) in the box next to your answer.

In an **inelastic** collision there is conservation of

(1)

- A kinetic energy
- B momentum
- C kinetic energy and momentum
- D velocity

(ii) State why momentum has the unit kg.m/s.

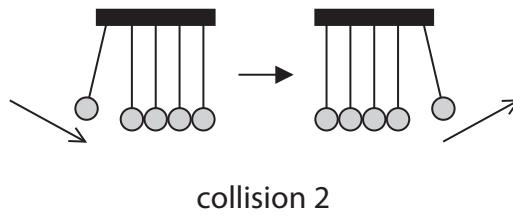
(1)

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\*(iii) Different types of collision are shown in the diagrams.

Analyse both collisions in terms of momentum and kinetic energy.



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**(Total for Question 6 = 12 marks)**